



MJ's Hospital Hat



Knitting pattern by Caryn Prouty of RDP Knits.

MJ's Hospital Hat is a very basic beanie but itty bitty sized for the brand new babes. Recently my sister had her second child and I wanted to make her a quick little hat to take with her to the hospital. I looked for a pattern but didn't find one I loved so I made my own. Knit it up in a solid color, add a couple stripes, choose 2x2 or 1x1 ribbing for the brim... so many more possibilities. Use this simple pattern as a blueprint to customize your little beanie however you'd like.

Abbreviations

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DPN	Double pointed needle
CO	Cast on
St(s)	Stitch(es)
K	Knit
P	Purl
K2tog	Knit 2 together
SSK	Slip, slip, knit
MC	Main color
CC	Contrasting color

Notes

- This pattern has directions to make the hat pictured. If you choose to, just omit the stripes and continue knitting in your main color.
- This hat is "true newborn" size which means that it should fit the average newborn head, perfect for just born babies.

MATERIALS

Yarn

1 ball of Knit Picks Swish Worsted - 100% superwash merino wool (50g/110 yd) in two colors.

Colors shown are "rogue" & "squirrel heather."

Needles

US 4 (3.5mm) DPNs or size to obtain gauge

US 3 (3.25mm) DPNs or one size smaller than gauge needles

Other Notions

Stitch marker, tapestry needle, scissors.

Gauge

Stockinette Stitch: 9.5 sts = 2" with larger needles

Sizing

True Newborn (head circumference of 13"-14.5")



HAT

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With US 3 needles and main color, CO 56 sts. I suggest using Tilly Buddy's Very Stretchy Cast On (see link at end of pattern). This cast on is great for both 1x1 and 2x2 ribbing and has fantastic stretch.

Divide the sts evenly on three DPNs and join in the round being careful not to twist your sts.

Rounds 1-9: *K2, P2* Repeat from * to * until end. Your brim should measure 1.25" now.

Change to US 4 needles.

Rounds 10-13: Knit every st around with MC.

Join with CC, do not cut MC.

Rounds 14-15: Knit every st around in CC.

Drop the CC and pick up the MC.

Rounds 16-19: Knit every st around with MC.

Drop the MC and pick up the CC.

Rounds 20-21: Knit every st around in CC.

Drop the CC and pick up the MC.

Rounds 22-25: Knit every st around with MC.

Crown Decreases

Round 1: With CC, *K2tog, k10, ssk* Repeat from * to * around. (48 sts)

Round 2: With CC, knit all sts around. Cut CC.

Round 3: With MC, *K2tog, k8, ssk* Repeat from * to * around. (40 sts)

Round 4: Knit all.

Round 5: *K2tog, k6, ssk* Repeat from * to * around. (32 sts)

Round 6: Knit all.

Round 7: *K2tog, k4, ssk* Repeat from * to * around. (24 sts)

Round 8: Knit all.

Round 9: *K2tog, k2, ssk* Repeat from * to * around. (16 sts)

Round 10: Knit all.

Round 11: *K2tog, ssk* Repeat from * to * around. (8 sts)

Cut yarn and thread through these 8 sts, fasten off, weave in.

FINISHING

Blocking

I always block my pieces as a part of the finishing. This is how I wash and block all of my knits:

- Prepare a clean basin (or sink) with tepid water and a small squirt of wool friendly soap (such as "Soak").
- Let your knit soak for 10-15 minutes. Gently squeeze out water (no wringing). I do not rinse because I use "Soak" and rinsing is not required. If your using something other than this, give a quick rinse with tepid water and squeeze out water again.
- Place in a towel, roll it up and squeeze it to remove the excess water.
- Shape your piece by using pins or I like to place my bonnets/hats on a ball to shape. Let dry 24 hours.

HELPFUL LINKS

Tilly Buddy's Very Stretchy Cast-on: <https://www.youtube.com/watch?v=iTIBTm0QL6A> by Tilly Buddy



This is my beautiful niece "MJ" modeling her hat at 1 week old.

For comments or questions regarding this pattern,
please contact me at rdpknits@gmail.com.

You can also find me on Ravelry as **RDPknits**
or on Facebook and Etsy as **RDP Knits**.

www.rdpknits.wordpress.com